



Zahra Eftekhari- Master of Social Welfare Management – CV

E-mail: ef44541357@gmail.com

Education

August 2016

University of Social Welfare and Rehabilitation Sciences, Tehran, Iran.

Master of Social Welfare Management

Thesis Title: Representation of Aging Concept and its Relevant Concepts in
Primary School Textbooks.

Sep 1997-Feb 2001

Islamic Azad University, Rodehen Branch, Tehran, Iran.

Bachelor of Persian Language and Literature

Work Experience

Oct 2023 – Present

Webmaster of Social Health Research Institute, Tehran, Iran.

Position: Research Expert.

Duties:

- Coordination of all matters related to 4 research centers covered by the Social Health Research Institute,
- Holding meetings of the Supreme Council of research institutes and covered research centers,
- Editing all letters and documents related to the Social Health Research Institute.

March 2009- October 2022

The University of Rehabilitation Sciences and Social Health, the Department of Clinical Sciences, Tehran, Iran.

Position: Group expert.

Duties:

- Coordination of all group meetings,
- Webmaster of the Department of Clinical Sciences,
- Edit all group letters and documents,
- Coordination of all meetings of the University Medical Commission.

Sep 2015 – May 2019

The Parents and Teachers Association of Preschool 15 Khordad, Charity Association, Tehran, Iran.

Position: Doing Voluntary Activities.

Duties:

- Donate to the preschool,
- Make decisions to create better facilities for the school and students,
- Cooperate to organize events and student, camps.

April 2006 – January 2009

Salmand Scientific Research Journal, The Iranian Journal of Ageing, The Executive Committee of the Congress of Aging Issues in Iran and the World, Tehran, Iran.

Position: Editor and Executive Officer

Duties:

- Editing of all pages of al-Salmand magazine,
- Carrying out all the executive tasks of the magazine and the Congress of Geriatrics.

April 2004- February 2005

The Asr-e Eghtesad Newspaper, Tehran, Iran.

Position: Reporter and Editor

Duties:

- Preparation of online news on 8 pages out of 15 pages of Asr Eghtesad newspaper,
- Editing newspaper pages.

Areas of Specialization

- Rehabilitation and social health - social determinants of health - research and carrying out projects and writing articles in the field of rehabilitation, social health and aging - social health of the elderly - aging - Persian language and literature – editing.

Professional Memberships

Nov 2022 - Present

- Member of the Webmaster of Social Health Research Institute.
- Member of the System of Researchers of the University of Rehabilitation and Social Health.
- Member of the Scientific Association of Social Health Management Students.

Sep 2015 – May 2019

- Member of the Charity Association of the 15 Khordad School.
- Member of the Parents and Teachers Association of 15 Khordad School

April 2006 – January 2009

- Member of Salmand Scientific Research Journal.
- Member of the Executive Committee of the Congress of Aging Issues in Iran and the World.

Research Publications

1)Zahra Eftekhari¹, Farhd Nosratinejad, Robab Sahaf, Nasibeh Zanjari, 2022, **Representation of Aging in Elementary School Textbooks in Iran**, Journal of Cross-Cultural Gerontology, Published online: 25 November 2022

DOI: <https://doi.org/10.1007/s10823-022-09464-0>,

URL: <https://pubmed.ncbi.nlm.nih.gov/36434472/>.

2)Zahra Eftekhari¹, Farhd Nosratinejad, Robab Sahaf, Nasibeh Zanjari, 2018, **A Content Analysis of the Concepts and Image of the Physical Aging Primary School Textbook in Iran**, Iranian Journal of Ageing, Pages 154-166

DOI: <http://dx.doi.org/10.32598/sija.13.2.154>,

URL: <http://salmandj.uswr.ac.ir/article-1-1188-en.html>.

- 3) **Zahra Eftekhari**¹, 2014, **Delayed Marriage and Crisis in the Family Institution**, Iran Vision Magazine, Two Monthly Strategic Political Magazines, January and February 2014, Page 107, DOI magiran.com/p1351328. Pages 107-110

Conferences Proceedings

- 1) **Zahra Eftekhari**, Farhad Nosratinejad, Rababe Sahaf, Nasiba Zanjari, 2017, **Showing the Social Dimensions of Aging in Elementary School Textbooks**, Posters, Health and Social Welfare and Rehabilitation Conference of the Faculty of Rehabilitation and Social Health Sciences, Tehran, Iran.
- 2) **Zahra Eftekhari**, Nilofar Kazemi, 2016, **The Consequences of Delayed Marriage in Iranian Youth**, Poster, the First Health Social Welfare and Rehabilitation Student Conference, University of Rehabilitation Sciences and Social Health, Tehran, Iran.
- 3) **Zahra Eftekhari**, Nilofar Kazemi, 2016, **Iran's Health Policies in the Fifth Post-Revolutionary Development Program**, Speech, First Health Social Welfare and Rehabilitation Student Conference, University of Rehabilitation Sciences and Social Health, Tehran, Iran.
- 4) **Zahra Eftekhari**, Nilofar Kazemi, 2016, **Factors Related to Iranian Girls Running Away from Home: a Review Study**, Poster, First Health, Social Welfare and Rehabilitation Student Conference, University of Rehabilitation and Social Health Sciences, Tehran, Iran.
- 5) Tahereh Soleimanieh Naini, Gita Movaleli, Najmeh Mohammadi, **Zahra Eftekhari**, 2016, **Factors Affecting the Improvement of Reading in Hearing-Impaired Students: A Review of Half a Century of Research**, Family-Centered Intervention, and Early Diagnosis Seminar for Childhood Disorders/Children with Special Needs, Tehran, Iran.

Papers in Preparation

- 1) The title: **Compilation of a Specialized Glossary in the Field of Social Determinants of Health**.
- 2) The title: **Tobacco Abuse in the Elderly**.

Technical Skills

- Advanced Command of Microsoft Office, Photoshop, and SPSS.

Language Skills

- **Persian:** Native,
- **English:** Advanced.